



Training Zills



Special Stitches:

dc2tog: (YO, insert hook in indicated stitch, YO, pull up a loop, YO, draw through 2 loops on hook) twice, YO, draw through rem 3 loops on hook. Dc2tog complete.

dc3tog: (YO, insert hook in indicated stitch, YO, pull up a loop, YO, draw through 2 loops on hook) 3 times, YO, draw through rem 4 loops on hook. Dc3tog complete.

Note: Pattern is worked continuously without joining or turning between rounds. To help keep track of your stitches, it may be helpful to place a stitch marker at the beginning of each round.



Pattern by CrochetKitten.com, Summer 2008.

DIRECTIONS – make 2.

Ch 6; join with sl st in first ch to form ring.

Rnd 1. Ch 3, dc2tog in ring, (ch 3, dc3tog in ring) 5 times, ch 3, join with sl st in top of dc2tog. 1 dc2tog and 5 dc3tog.

Rnd 2. Sl st in first ch-3 sp, ch 1, sc in same sp, (ch 6, sc in next ch-3 sp) 5 times, ch 3, dc in first sc. 6 ch sp.

Rnd 3. Ch 4, tr in first sc, ch 1, *dc in next ch-6 sp, ch 1, tr in next sc, ch 1; rep from * around. Join with sl st in third ch of beg ch-4. 6 tr and 6 dc.

Rnd 4. Ch 1, 2 sc in same ch as joining, sc in first tr, sc in first ch-1 sp, *sc in next dc, sc in next ch-1 sp, sc in next tr, sc in next ch-1 sp; rep from * around. Join with sl st in first sc. Finish off, weave in all ends. 24 sc.

To muffle sound during practice, place one Training Zill over each of the thumb zills.

Finished Size:

Fits 2" zills.

Skill Level:

Easy.

Materials:

Scrap 1/sock-weight yarn

Size F-5 (3.75 mm)
crochet hook

Stitch markers

Abbreviations:

beg	beginning	rep	repeat	sp	space
ch	chain	rnd	round	tr	treble crochet
dc	double crochet	sc	single crochet	YO	yarn over
mm	millimeter	sl st	slip stitch		